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**1Lifestyle**  
Your life, your rewards. **YETHU**

## **FREE LOYALTY PROGRAMME**

with your 1Life Generational  
Funeral Plan

**Real Rewards for  
Everyday Essentials**








# 1Lifestyle Yethu – savings on everyday essentials.

1Lifestyle Yethu is a FREE loyalty programme for 1Life Generational Funeral Plan policyholders that are grant recipients. 1Lifestyle Yethu offers a wide range of monthly benefits and savings. Clients access savings and discounts on Groceries, Education, Fashion, Travel, Entertainment and so much more that brings you real value.

For just **R10** you can buy a **2.5kg bag** of Pick n Pay Live Well Super **Maize Meal** every month.

## 1Lifestyle Yethu Monthly Benefits

With 1Lifestyle Yethu, you don't just save, you enjoy benefits on what matters most. Get access to these benefits by visiting the 1Life App and click on "1Lifestyle Yethu" or visit [www.1Life.co.za](http://www.1Life.co.za).

Maize Meal Benefit		Buy a 2.5kg bag of Pick n Pay Live Well Super Maize Meal for only R10 every month at any Pick n Pay store near you. All 1Lifestyle Yethu clients are eligible for this benefit. Visit the 1Life App today to claim your benefit.
Grocery, Health & Beauty coupons		Clients get 50 coupons from 2 of the following preferred retailers every month: Pick n Pay, Usave, Shoprite, Checkers or Dis-Chem.
Online Education courses		3 free online courses
		3 free online courses
Fashion discount voucher		10% discount voucher
Travel Benefits		1 x R20 off (1 ride)
		1 x R100 (1 ticket)
Travel Portal		Clients can access the 1Life Travel Portal allowing you to conveniently book your travel arrangements in one place.
Discounted Movie tickets & Snacks		50% (4 tickets)
		50% (4 combos)

Retailers are valid as at January 2026 and are subject to change. Terms and Conditions apply. For full and updated Terms & Conditions visit [www.1Life.co.za](http://www.1Life.co.za).

## How to qualify

Keep your policy active and your benefits are automatically available to you every month.

# 1Lifestyle Yethu Monthly Benefits

1Lifestyle Yethu gives all loyal policyholders FREE monthly benefits, vouchers and discounts every month.



Grocery coupons



Health & Beauty coupons



Fashion discount voucher

Pick n Pay SHOPRITE  
Usave Checkers  
Dis-Chem PHARMACIES  
BETTER HEALTH STARTS HERE  
EDGARS



Discounted Movie tickets & Snacks



Travel benefits



Online Education courses

NuMetro Bolt justGO  
BOSTON CONNECT



Pick n Pay



Travel Portal

## And more!

Retailers are valid as at January 2026 and are subject to change. For full and updated Terms & Conditions visit [www.1Life.co.za](http://www.1Life.co.za).

# Real Rewards for Everyday Essentials

1Lifestyle Yethu offers you a **2.5kg bag of Maize Meal for only R10 every month.**



**Pick n Pay**



1Lifestyle Yethu gives you meaningful savings. You can buy a 2.5kg bag of Pick n Pay Live Well Super Maize Meal for only R10 every month from Pick n Pay, now that's real value! Redeem your benefit at any Pick n Pay store to save on everyday essentials.

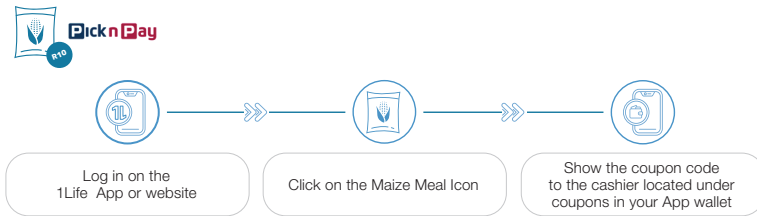
Available via the 1Life App.



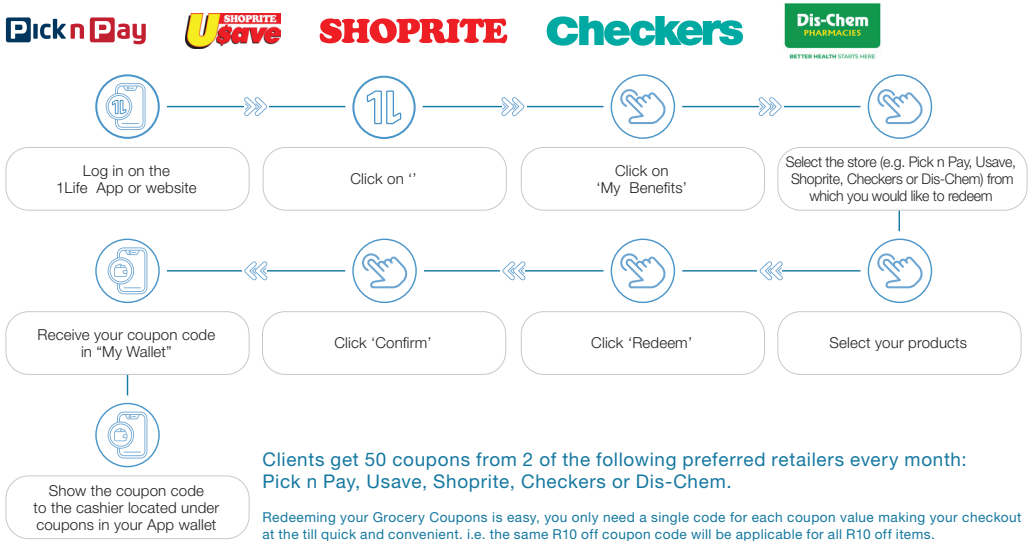
For more information on the Maize Meal offer please visit [www.1Life.co.za](http://www.1Life.co.za). Retailers are valid as at January 2026 and are subject to change. For full and updated Terms & Conditions visit [www.1Life.co.za](http://www.1Life.co.za).

# How to redeem your 1Lifestyle Yethu Monthly Benefits

## HOW TO ACCESS THE MAIZE MEAL COUPON



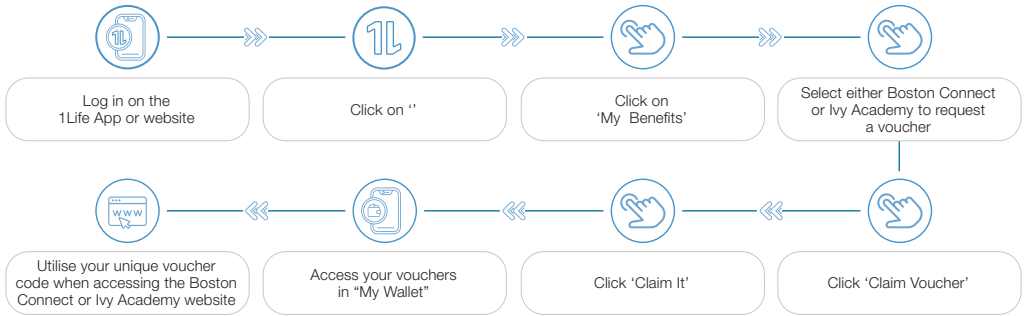
## HOW TO REDEEM YOUR GROCERY, HEALTH & BEAUTY COUPONS



## HOW TO ACCESS THE TRAVEL PORTAL

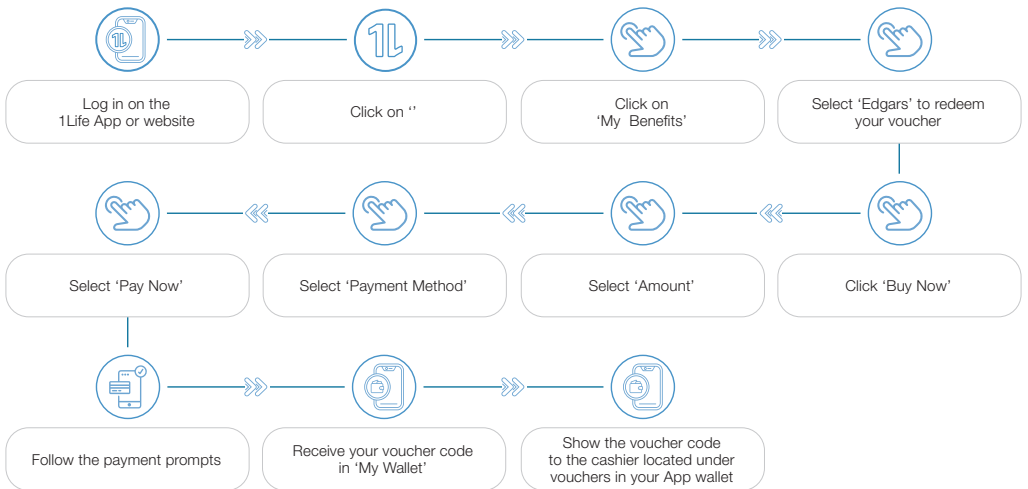


# HOW TO REDEEM YOUR EDUCATIONAL ONLINE COURSE VOUCHERS

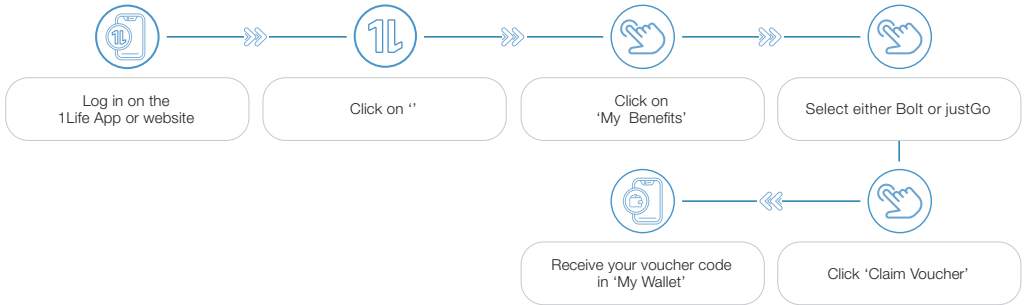


# HOW TO REDEEM YOUR RETAIL VOUCHER

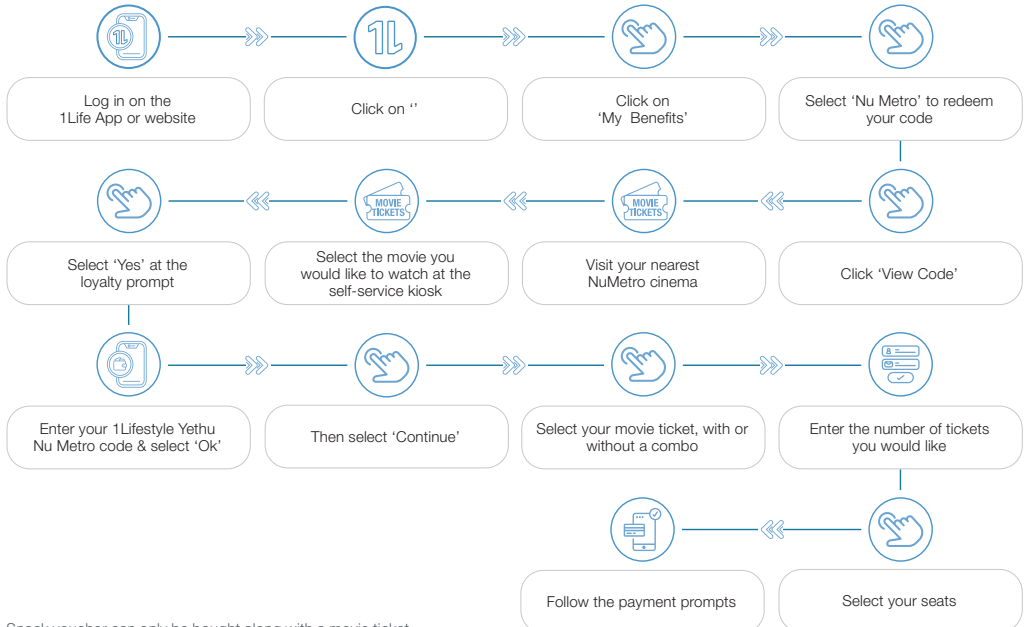
## EDGARS ■



## HOW TO REDEEM YOUR TRAVEL VOUCHER



## HOW TO REDEEM YOUR MOVIE TICKETS & SNACKS VOUCHER AT THE SELF-SERVICE KIOSK



Snack voucher can only be bought along with a movie ticket.

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# 1Lifestyle

Your life, your rewards. **YETHU**



Download the 1Life App  
or visit [www.1Life.co.za](http://www.1Life.co.za)

### To access 1Lifestyle Yethu

Download the 1Life App from Google Play, Huawei App Gallery, or Apple App Store.

1Life Insurance Limited, authorised FSP & Licensed Life Insurer. 1Lifestyle Yethu is a loyalty benefit provided to all loyal clients at no additional cost and is brought to you by CBC Rewards (Pty) Ltd. Retailers and prizes are valid as at January 2026 and are subject to change.

Terms and Conditions apply and are available at [www.1life.co.za](http://www.1life.co.za).