

FREE LOYALTY PROGRAMME FOR 1LIFE POLICYHOLDERS

1Lifestyle

Your life, your rewards.



1Lifestyle is a **FREE** loyalty programme for loyal policyholders.

1Life is rewarding all Life and Funeral policyholders with a FREE loyalty programme offering a wide range of monthly benefits. Clients get access to savings & discounts on Groceries, Movies, Travel, Fashion, Entertainment, Fast Food, Education vouchers and so much more!

Loyalty Levels

Simply DebiCheck your debit order and pay all your monthly premiums and get access to all of these amazing benefits and discounts. 1Lifestyle is based on a 5-Level model with simple entry requirements. Clients qualify and will move up or down Levels based on the following criteria:



Level 1



Level 2



Level 3



Level 4



Level 5

Active Policy	✓	✓	✓	✓	✓
DebiCheck or Salary Deduction	✓	✓	✓	✓	✓
Consecutive Paid Premiums	1-2 months	3-5 months	6-11 months	12-23 months	24+ months
Additional Policy				✓	✓
App login - within the last 90 days				✓	✓

Active policy

A Policy held at any time by a policy owner that is still in place and has not been terminated or lapsed.

Consecutive paid premiums

For clients with multiple policies, the most consistently paid policy is considered. A missed premium will cause Levels 4 & 5 to fall back to Level 3 and Levels 1-3 to fall completely off the programme.

DebiCheck

A bank authorised mandate that authenticates a debit order.

Additional Policy

Any additional 1Life Insurance plans i.e. Funeral and Life policies.

1Lifestyle Monthly Benefits

1Lifestyle gives you monthly benefits, free vouchers and discounts in the following categories:



Dining Benefits (Cash Back)



Fast Food Vouchers



Discounted Movie Tickets & Snacks



Grocery Coupons



Online Education Courses



Health & Beauty Coupons



Entertainment - Streaming Vouchers



Travel Benefits



Fashion Discount Vouchers

AND THERE'S MORE!



1Lifestyle SPIN & WIN

Stand a chance to Spin & Win your share of R10 million in prizes.*

*Terms and Conditions apply.

1Lifestyle, rewarding loyalty!



1Lifestyle SPIN & WIN

Don't miss out on a chance to win your share of R10 million in prizes!

Everyone can be a winner with 1Lifestyle. You stand a chance to Spin & Win from the 10th of every month. Remember by progressing up the Levels, you unlock more spins and this increases your chances of winning. You could be a lucky winner, so don't miss out!

Stand a chance to win these prizes:



R20 000 Cash



A Cellphone and Tech Vouchers

hp shop **KOODOO.CO.ZA**



Grocery Gift Vouchers from

SHOPRITE Checkers



Fast Food Vouchers from



Movie Ticket, Entertainment and
Streaming Vouchers from

NETFLIX **NuMetro** **Spotify**



Retail Vouchers from



Travel Vouchers from



Adventure Vouchers from



Wellness Vouchers from



And so much more!

Make sure you are part of 1Lifestyle to get access to your rewards AND stand a chance to WIN your share of R10 million in prizes.

Spinning is guaranteed every month. Visit www.1life.co.za for more information. See page 14 for a step-by-step guide on how to redeem your prize!

Retailers and prizes are valid from January 2025 and are subject to change. For full and updated Terms & Conditions, visit www.1life.co.za. *Terms and Conditions apply.

1Lifestyle is based on a 5-Level Model

Simply DebiCheck and pay all of your monthly premiums to get all these benefits at **no additional cost.**

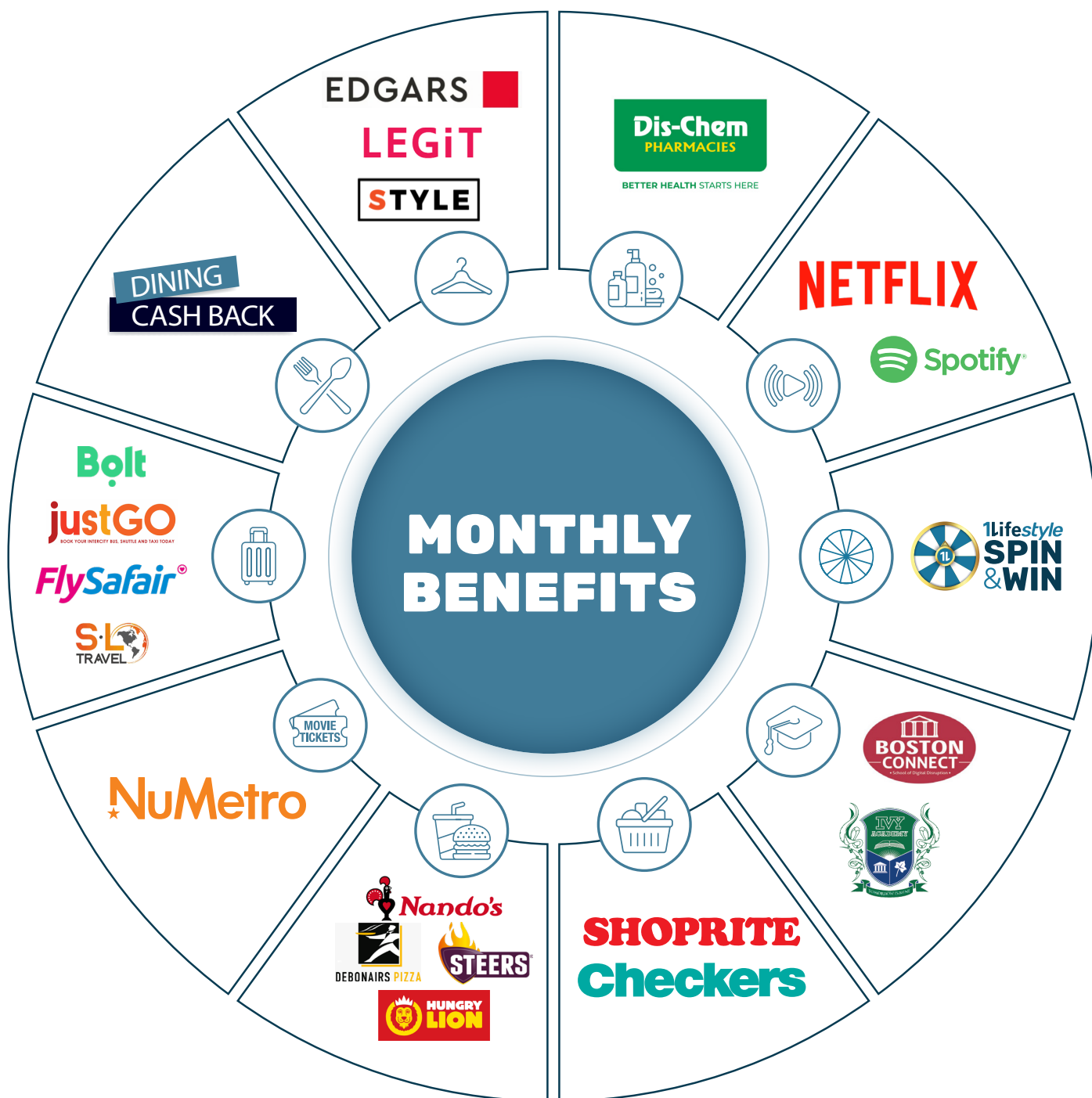


Level progression will happen on the 10th of every month.

1Lifestyle Monthly Benefits

Selected categories are available for Levels 1 - 4. Level 5 has access to monthly benefits from all of the categories. Refer to the Level benefit table to see how your benefits increase within each category as you level up. Simply DebiCheck or pay your monthly premiums and you could qualify to move up the levels.

Get immediate access to these benefits by visiting www.1life.co.za.



Retailers are valid from January 2025 and are subject to change.
For full and updated Terms & Conditions, visit www.1life.co.za.

1Lifestyle Monthly Benefits



Level 1



Level 2



Level 3





Level 4




Level 5





ONLINE EDUCATION COURSES

	1 course	2 courses	3 courses	4 courses	4 courses
	1 course	2 courses	3 courses	4 courses	4 courses


FASHION DISCOUNT VOUCHERS

	5%	7.5%	10%	15%	20%
---	----	------	-----	-----	-----



TRAVEL BENEFITS

	R20 off (1 ride)	2 x R20 off (2 rides)	3 x R20 off (3 rides)	3 x R20 off (3 rides)	3 x R20 off (3 rides)
	R50	2 x R50 (2 tickets)	R100	2 x R100 (2 tickets)	2 x R100 (2 tickets)
	R50	2 x R50 (2 tickets)	R100	2 x R100 (2 tickets)	2 x R100 (2 tickets)
	R200	R300	R400	R500 Domestic R1000 International	R500 Domestic R1000 International

DISCOUNTED MOVIE TICKETS & SNACKS

		50% (2 tickets)	50% (4 tickets)	50% (4 tickets)	50% (4 tickets)
		50% (2 combos)	50% (4 combos)	50% (4 combos)	50% (4 combos)

ENTERTAINMENT - STREAMING VOUCHERS

					
			3%	5%	10%

GROCERY COUPONS

			50 coupons	100 coupons	100 coupons
---	--	--	------------	-------------	-------------

HEALTH & BEAUTY COUPONS

			50 coupons	100 coupons	100 coupons
---	--	--	------------	-------------	-------------

1Lifestyle Monthly Benefits



Level 1



Level 2









Level 3



Level 4



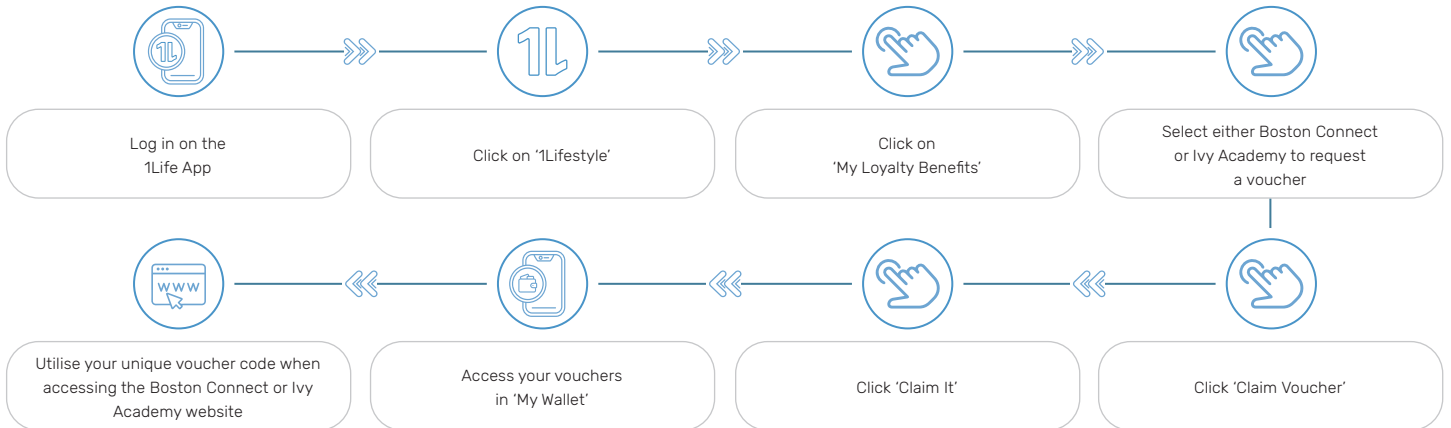
Level 5

FAST FOOD VOUCHERS					
   	-	-	-	R40	R50
DINING BENEFITS (CASH BACK)					
					Up to R1000 (10 x R100 per claim)
1LIFESTYLE BENEFITS					
	1 spin	2 spins	3 spins	3 spins	3 spins
	From the 10 th of every month you stand a chance to Spin & Win your share of R10 million in prizes. The higher level you are, the more chances you stand to win!*				

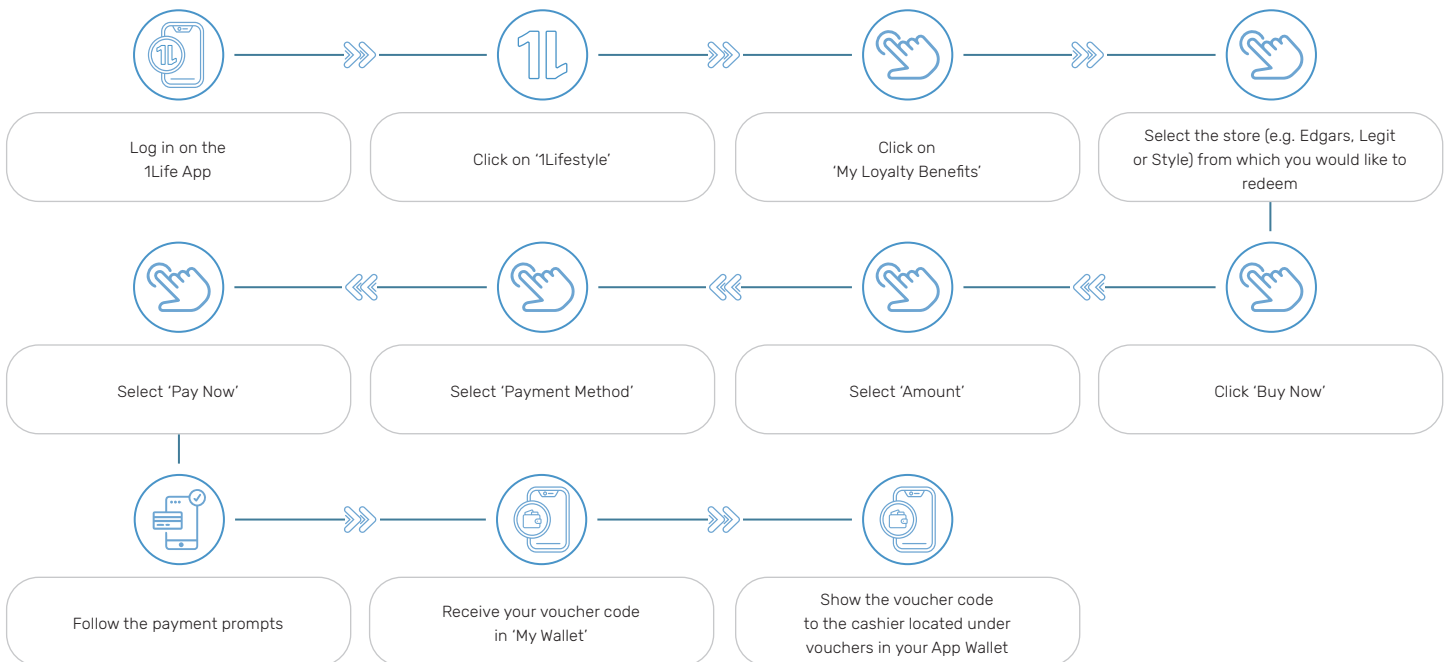


How to redeem your 1Lifestyle Monthly Benefits

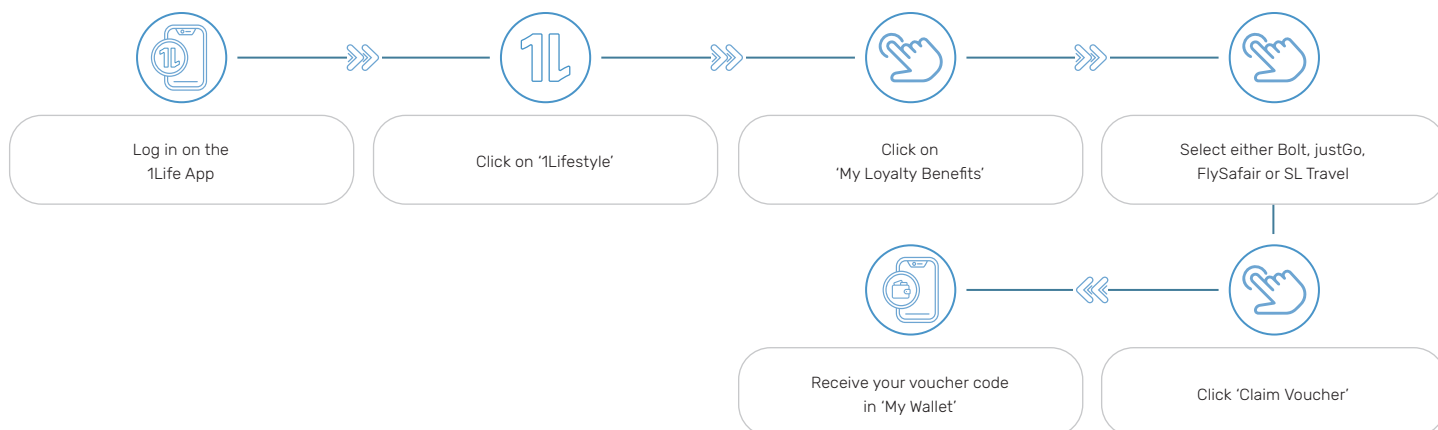
HOW TO REDEEM YOUR EDUCATIONAL ONLINE COURSE VOUCHERS



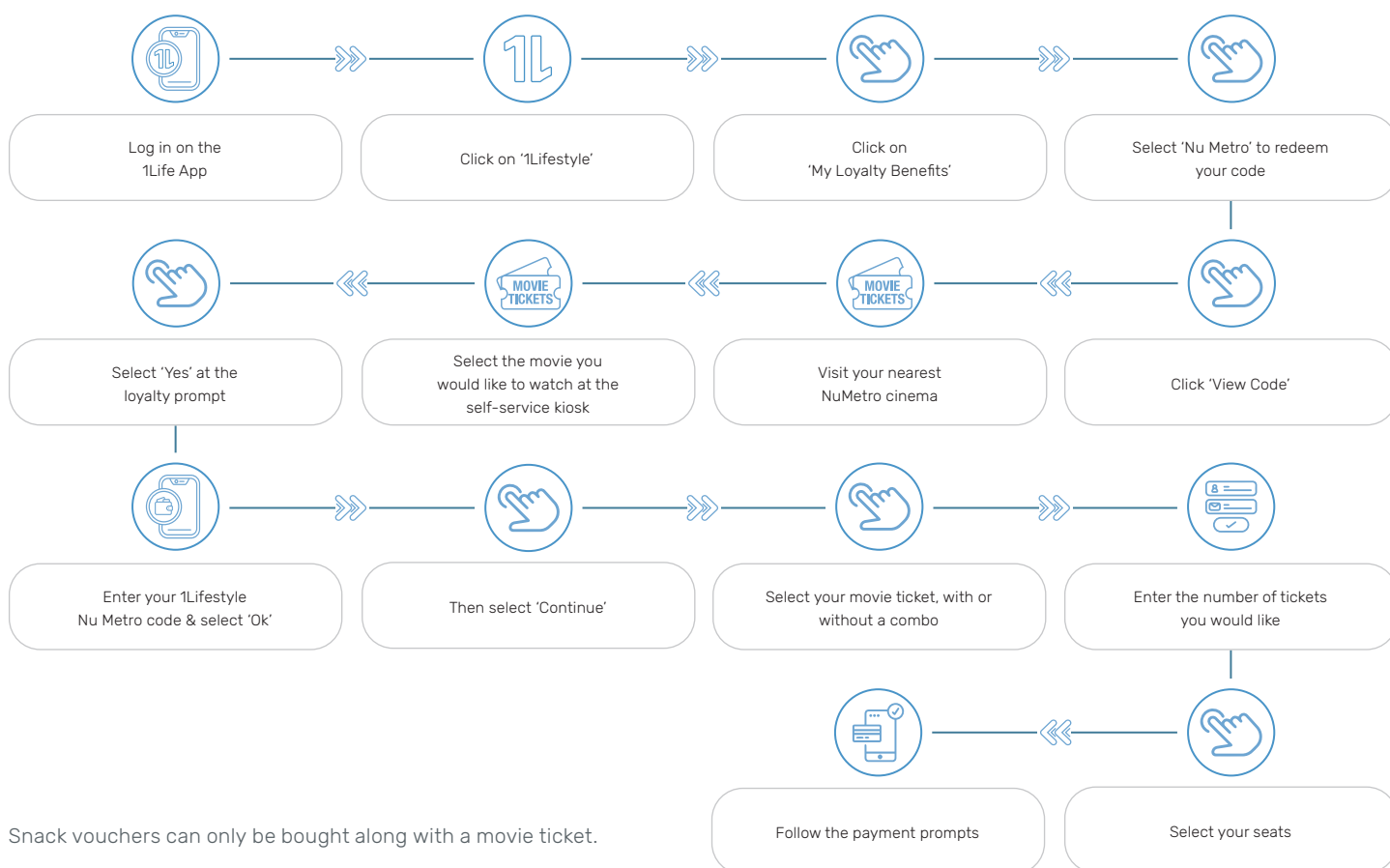
HOW TO REDEEM YOUR RETAIL VOUCHER



HOW TO REDEEM YOUR TRAVEL VOUCHER



HOW TO REDEEM YOUR MOVIE TICKET & SNACK VOUCHERS AT THE SELF-SERVICE KIOSK



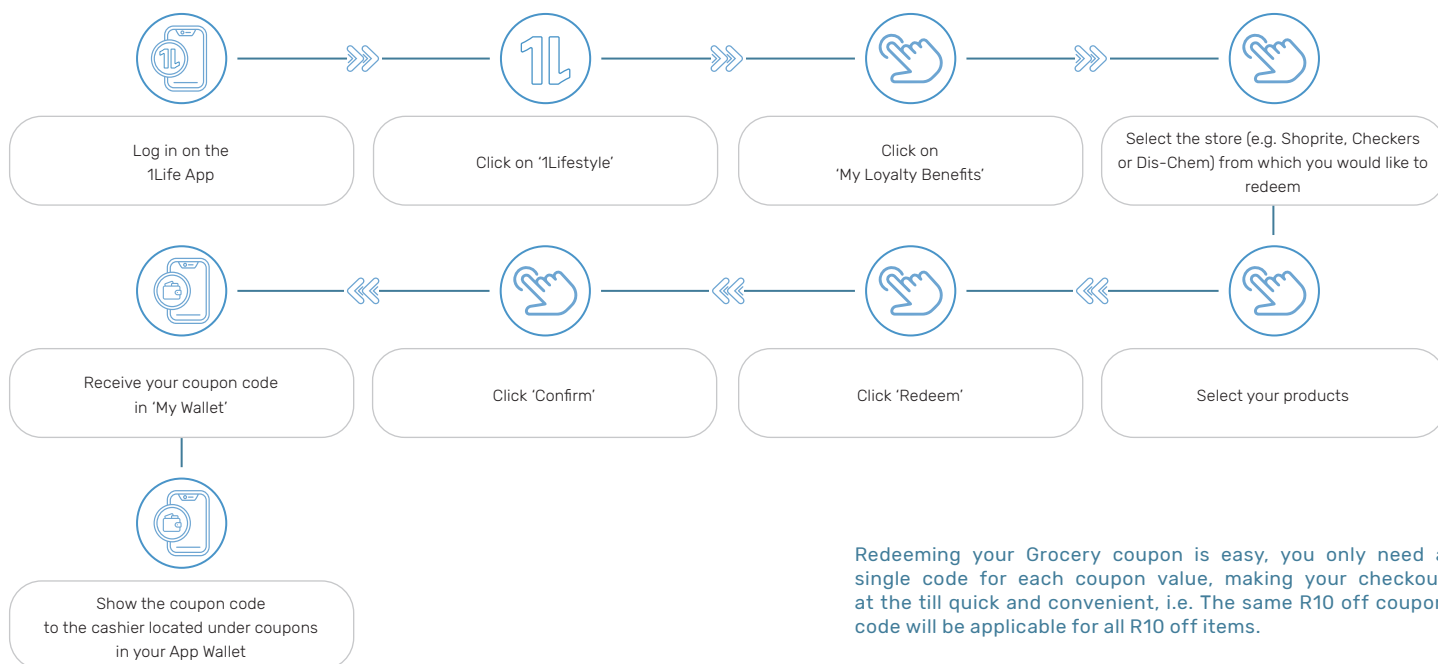
Snack vouchers can only be bought along with a movie ticket.

HOW TO REDEEM YOUR GROCERY, HEALTH & BEAUTY COUPONS

SHOPRITE

Checkers

Dis-Chem
PHARMACIES
BETTER HEALTH STARTS HERE



Shoprite/Checkers:

Once you have your product coupon code, you are ready to go shopping. When you are in the store at Shoprite/Checkers and ready to use your coupons, click on 'My Wallet' then select 'Coupons' and give the cashier the coupon code for each coupon value. You will need to show the coupon code to the cashier as they are scanning your selected items. If for some reason the cashiers are unaware of how to process the coupon code please ask them to call a manager who will be able to assist. You can redeem each coupon up to 5 times per month.

Dis-Chem:

Once you have your coupon code (please note that you will receive a single code for all selected items), you will be ready to go shopping. A WiCode will be generated - valid for 24hrs only. When you are in the store and ready to use your coupons, show the WiCode to the cashier. You will need to show the coupon code to the cashier as they are scanning your selected items. If for some reason the cashiers are unaware of how to process the coupon code please ask them to call a manager who will be able to assist.

HOW TO REDEEM YOUR FAST FOOD VOUCHER

Nando's

DEBONAIRS PIZZA

HUNGRY LION

STEERS

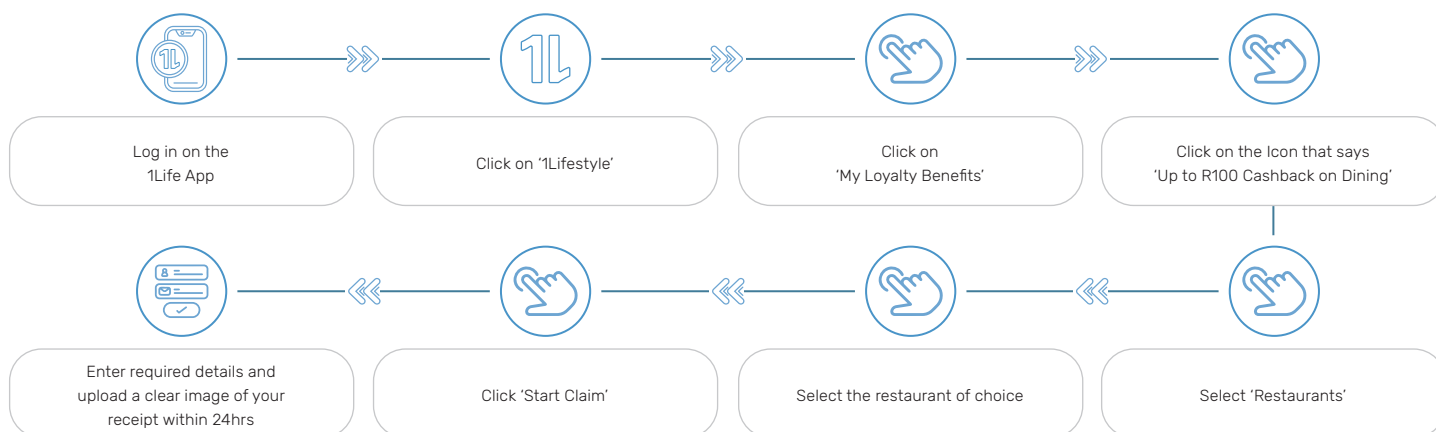


Debonairs Pizza - applicable online only.

Nando's, Hungry Lion and Steers - applicable online and in-store.

HOW TO REDEEM YOUR CASH BACK ON DINING

DINING CASH BACK



Your claim will be processed within 5 working days. Click 'Dining History' to view status.

SHOPRITE Checkers

Dis-Chem PHARMACIES
BETTER HEALTH STARTS HERE

EDGARS **LEGIT**
STYLE

NuMetro

NETFLIX

Spotify

Nando's

DEBONAIRS PIZZA

STEERS

HUNGRY LION

Bolt **justGO**
BOOK YOUR INTERCITY BUS, SHUTTLE AND TAXI TODAY

FlySafair

SL TRAVEL

BOSTON CONNECT

SOUTH AFRICAN UNIVERSITY



How to redeem your Spin & Win prizes

Lucky winners get to redeem these exciting prizes. Simply follow these easy steps on how to claim a prize. New spins are available on the 10th of every month.



1Life
**SPIN
& WIN**



HOW TO CLAIM YOUR R10 000 CASH PRIZE



Kindly email the following information to
1lifestyle@1life.co.za



Name and Surname
ID Number
Contact Number
Banking Details
Portrait picture of yourself



1Life will contact you in
order to allocate your R10,000
cash prize to you



HOW TO CLAIM YOUR CELL PHONE



Kindly email the following information to
1lifestyle@1life.co.za



Name and Surname
ID Number
Contact Number
Physical Delivery Address



1Life will contact you in order
to arrange delivery of your prize



HOW TO REDEEM YOUR GROCERY GIFT VOUCHER

SHOPRITE **Checkers**



Kindly email the following information to
1lifestyle@1life.co.za



Name and Surname
ID Number
Contact Number



1Life will contact you in order
to arrange delivery of your prize

1Life
lifestyle



1Life
SPIN & WIN



HOW TO REDEEM YOUR TECH VOUCHER

hp shop



Log in on the 1Life App



Click on 'My Wallet' to get your voucher code



Visit www.hpshop.co.za



Choose the item/s you would like to purchase



Enter the voucher code when you checkout

The HP Store voucher is valid online or in-store (show the voucher code to the cashier located in your App Wallet).

KOODOO.CO.ZA



Log in on the 1Life App



Click on 'My Wallet' to get your voucher code



Visit www.koodoo.co.za



Choose the item/s you would like to purchase



Enter the voucher code when you checkout

The koodoo.co.za Tech voucher is only valid online.



HOW TO REDEEM YOUR RETAIL VOUCHER



Log in on the 1Life App



Click on 'My Wallet' to get your voucher code



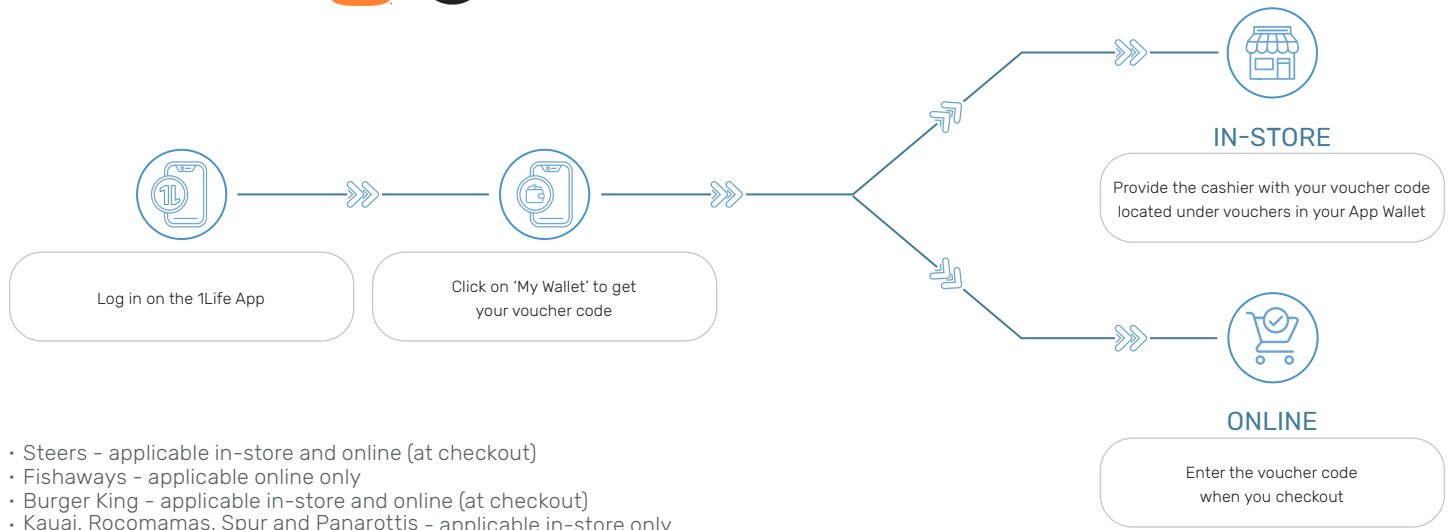
Visit your nearest Incredible Connection or Toys R Us store



Provide the cashier with your voucher code located under vouchers in your App Wallet

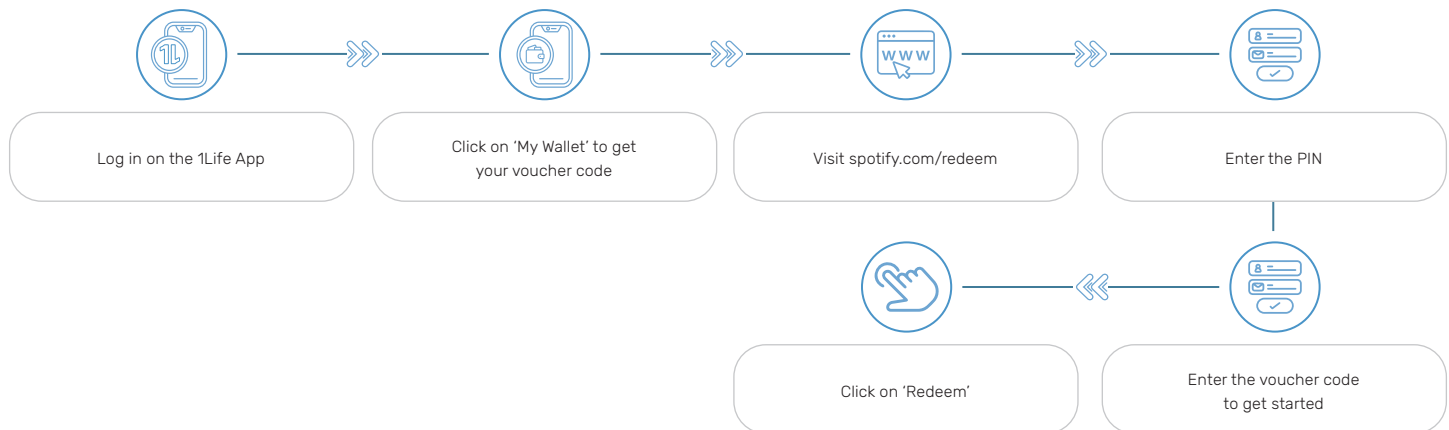
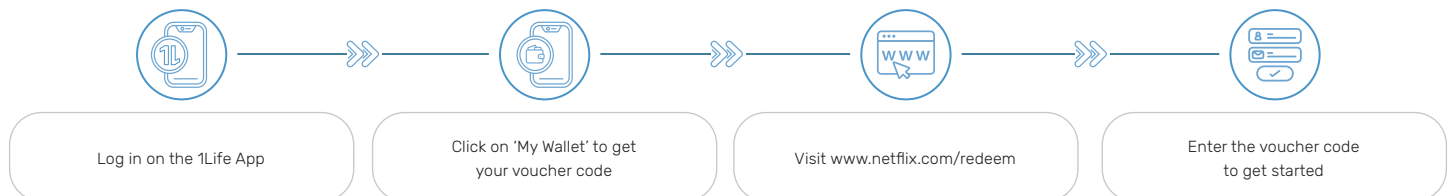


HOW TO REDEEM YOUR FAST FOOD VOUCHER



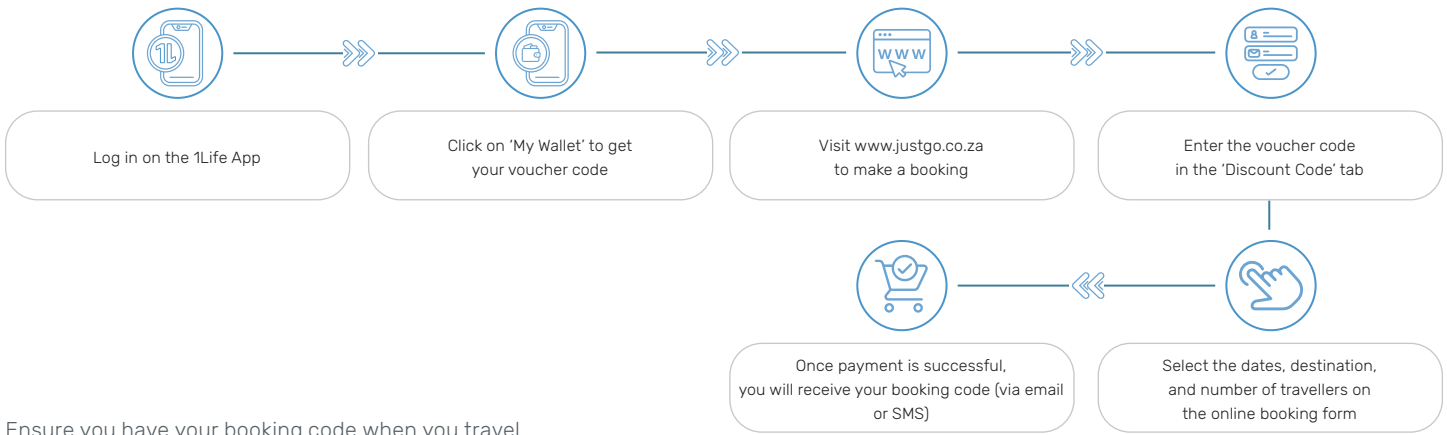
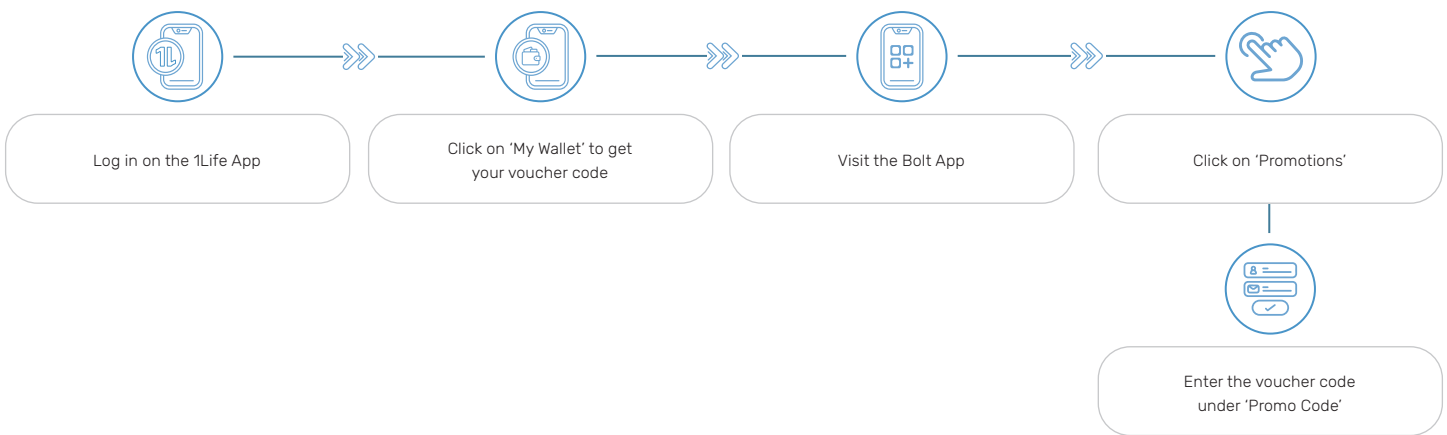
HOW TO REDEEM YOUR ENTERTAINMENT AND STREAMING VOUCHER

NETFLIX





HOW TO REDEEM YOUR TRAVEL VOUCHER



Ensure you have your booking code when you travel



Log in on the 1Life App



Click on 'My Wallet' to get your voucher code



Visit www.avis.co.za to make a booking



Enter the voucher code under 'Avis Worldwide Discount Number'

Ensure you have your booking code when you travel.

Your unique booking URL:
[Click here](#)

For easy access to your online booking tool, we recommend the following:

- Add it as a 'Bookmark' or 'Favourite' in your browser
- Add a 'Shortcut' to your desktop



HOW TO REDEEM YOUR WELLNESS VOUCHER



Log in on the 1Life App



Click on 'My Wallet' to get your voucher code



Visit a Medellin Barber near you and get your favourite style on a standard hairstyling package



Provide your voucher code in order to redeem

PLAYBOX



Log in on the 1Life App



Click on 'My Wallet' to get your voucher code



Visit www.myplaybox.co.za



Click on 'Redeem Voucher'



Click on 'Click here to enter voucher code' to enter your voucher code



Complete your details



Choose your coach



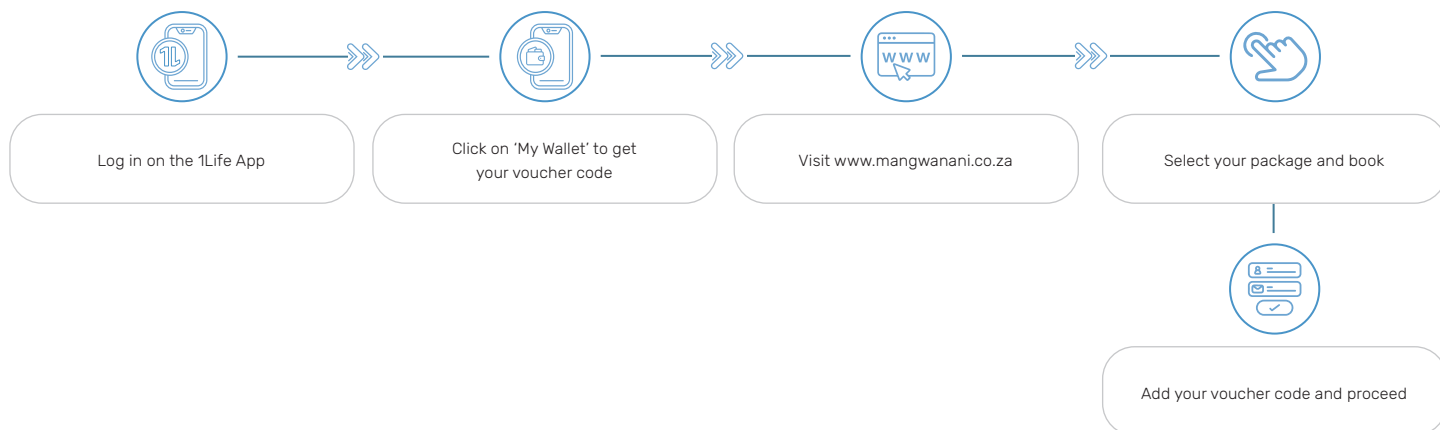
Select 'Single Coach Voucher Plan'



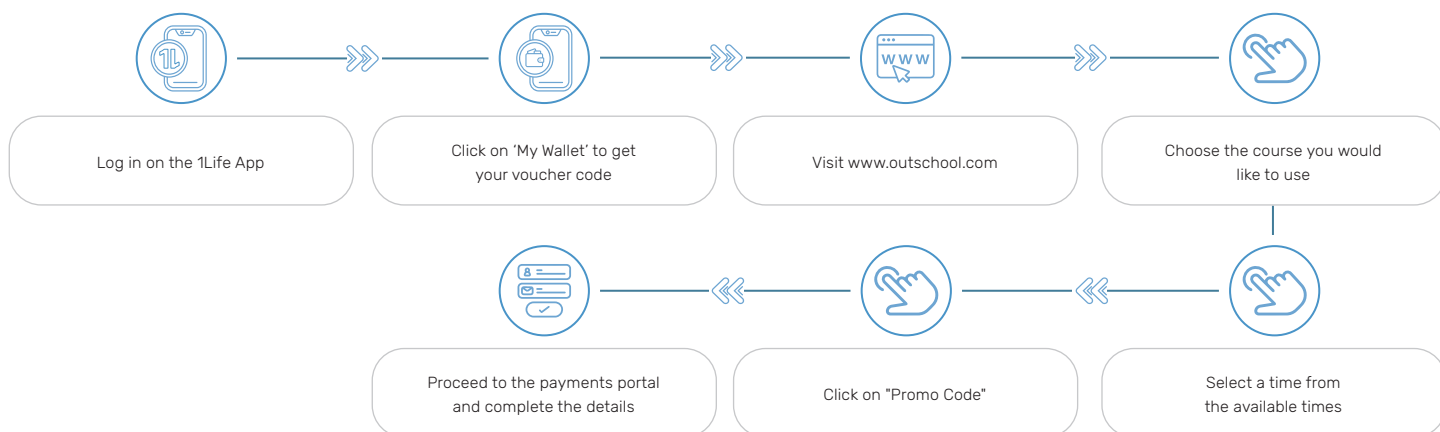
Click on 'Check Out'



Click on 'Complete order'

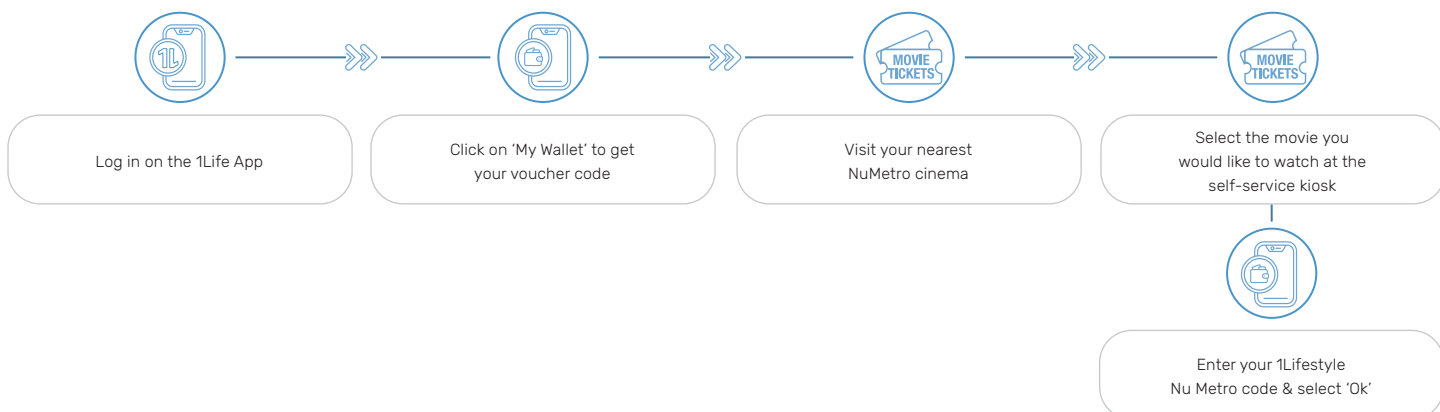


OUTSCHOOL



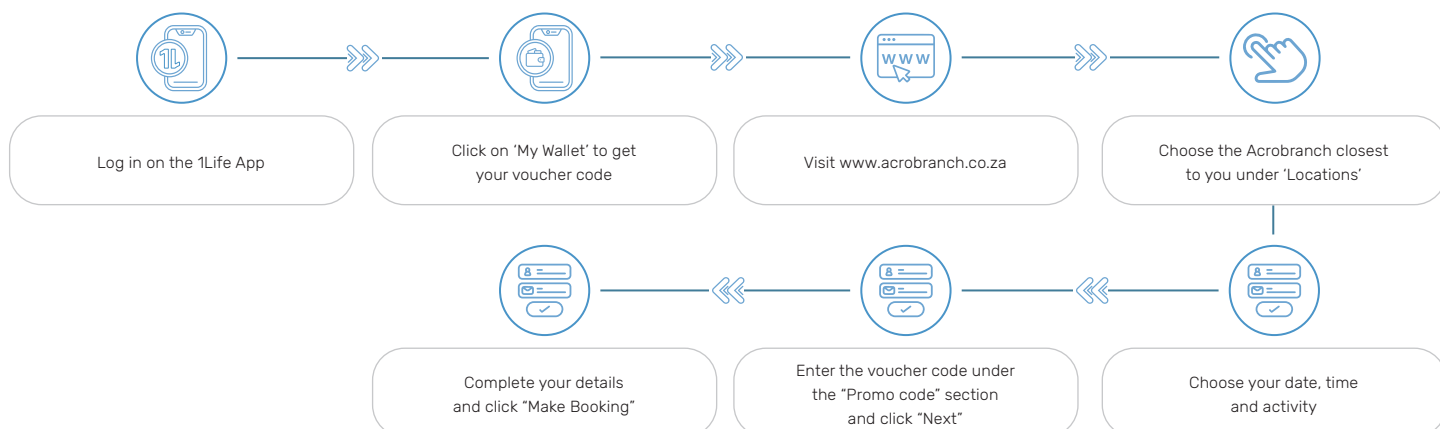
HOW TO REDEEM YOUR MOVIE TICKET AND SNACK VOUCHER

NuMetro





HOW TO REDEEM YOUR ADVENTURE VOUCHER



You stand a chance to Spin & Win from the 10th of every month. Remember by progressing up the Levels, you unlock more spins and this increases your chances of winning. Remember to go back to the 1Life App to keep spinning!



Retailers and prizes are valid from January 2025 and are subject to change.
For full and updated Terms & Conditions, visit www.1life.co.za.

1Lifestyle

Your life, your rewards.



Download the 1Life App
or visit www.1life.co.za

For more information
Call: 0860 10 53 40

1Life Insurance Limited is a licensed life insurer & financial services provider. 1Lifestyle rewards is a loyalty benefit provided to all loyal clients at no additional cost and is administered by CBC Rewards (Pty) Ltd. Retailers and prizes are valid as at January 2025 and are subject to change. Terms and Conditions apply and are available at www.1life.co.za.